**Thoughts for Thursday 26th March 2020**

*“Nothing is particularly hard if you break it down into small jobs.” – Henry Ford*

As previously mentioned, I have outlined details for PE, English and Maths in my weekly plan. There is no set timetable for doing these things as it is important that you find a structure that works for you and your families.

**Spread the Joy** – Make a card, write a letter, send a postcard or telephone a family member or friend who is isolating.

**English –** <https://stories.audible.com/discovery> Audible stories are offering children the opportunity to listen to stories for free. You could use the recommended reading lists to help select stories.

**Mindfulness** – Adding a few minutes of mindfulness to each day might take some of the stress out of redefining the routine. Today, have a go at the ‘Heartbeat Exercise’.

**Computing –** The children have been learning about programming through creating algorithms using the ‘online Turtle’ software available at <https://www.transum.org/software/Logo/>.

**Option 1:** Continue working through the challenges that we have been working on at school.

**Option 2:** Create an algorithm (instructions) for making a jam sandwich. Get some else to follow the EXACT instructions you give them.

<https://www.youtube.com/watch?v=Ct-lOOUqmyY> Watch this YouTube video for an example of why EXACT instructions are important.

I’d love to see how you are getting on. Email me at [hos@sandringhamwestnewton.norfolk.sch.uk](mailto:hos@sandringhamwestnewton.norfolk.sch.uk)

Have a lovely day!

Mrs King