

Sparta

The Spartans boys trained when they were seven years old and stay fit until they were fifty.

A shield was called an aspis a spear is called a dory short sword is called a xiphos. They lived in hard conditions to make them a better fighter.



Athenians

Athens was named after the Goddess Athena she was the Goddess of war wisdom and civilisation.

Did you know that Athens is one of the oldest city in the world. The population is 3,737,550 .

