

APRIL TO OCTOBER 2025



WEEKLY MENU



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>WEEK ONE</p> <p>21ST APRIL 12TH MAY 9TH JUNE 30TH JUNE 21ST JULY 1ST SEPTEMBER 22ND SEPTEMBER 13TH OCTOBER</p>	<p>Mild Chilli Beef Tomato & Herb Penne Pasta 1 VG Jacket with a Choice of Toppings 7,8,9</p> <p>Rice, Mixed Peppers, Peas</p> <p>Jammy Finger 1,6 VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG</p>	<p>Chicken & Tomato Pasta Shells 1 Cheese & Bean Wrap Pocket & Wedges 1,7 VG Jackets with a Choice of Toppings 7,8,9</p> <p>Seasonal Vegetables</p> <p>Ice Cream 7 Mr Nourish Biscuit 1 VG Fruit Pots VG</p>	<p>Sausage Roll & Gravy 1,6 Vegetable Sausage & Gravy VG Jackets with a Choice of Toppings 7,8,9</p> <p>Rustic Roast Potatoes, Green Beans, Carrots</p> <p>Fruit Jelly VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG</p>	<p>Margherita Pizza 1,3,7 V Loaded Bean Wedges VG Jackets with a Choice of Toppings 7,8,9</p> <p>Rainbow Pasta 1, Sweetcorn, Coleslaw 9</p> <p>Sultana Cake 1VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG</p>	<p>Fish Fingers 1,8 or Salmon Fish Cake 1,7,8 Cheese & Tomato Pinwheel 1,7 V Jackets with a Choice of Toppings 7,8,9</p> <p>Chips, Peas, Baked Beans, Cucumber</p> <p>Caramel Cookie 1,7 Yoghurt 3,7 Fruit Pots VG</p>
<p>WEEK TWO</p> <p>28TH APRIL 19TH MAY 16TH JUNE 7TH JULY 8TH SEPTEMBER 29TH SEPTEMBER 20TH OCTOBER</p>	<p>Vegetable Nuggets with Tomato Sauce & Rainbow Rice 1VG Tomato & Sweetcorn Pasta 1 VG Jackets with a Choice of Toppings 7,8,9</p> <p>Carrots, Peas</p> <p>Vanilla Sponge 1VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG</p>	<p>Minced Beef Pie 1 Cheesy Pasta Twists 1,7 V Jackets with a Choice of Toppings 7,8,9</p> <p>Crushed Potatoes Seasonal Vegetables</p> <p>Chocolate & Mandarin Mousse 7,3 Mr Nourish Biscuit 1 VG Fruit Pots VG</p>	<p>Roast Chicken & Gravy Vegetable Pastry Puff 1 VG Jackets with a Choice of Toppings 7,8,9</p> <p>Rustic Roast Potatoes Cabbage, Carrots</p> <p>Cornflake Cookie 1,3,7,16 Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG</p>	<p>Pulled Pork Loaded Wedges Tomato Spaghetti 1 VG Jackets with a Choice of Toppings 7,8,9</p> <p>Green Beans, Coleslaw 9</p> <p>Spiced Apple Focaccia 1,3 VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG</p>	<p>Margherita Pizza 1,3,7 V Tuna Penne Pasta 1,7,8 Jackets with a Choice of Toppings 7,8,9</p> <p>Chips, Peas, Grated Carrot</p> <p>Oaty Biscuit 1,15 VG Yoghurt 3,7 Fruit Pots VG</p>
<p>WEEK THREE</p> <p>5TH MAY 2ND JUNE 23RD JUNE 14TH JULY 15TH SEPTEMBER 6TH OCTOBER</p>	<p>Bolognese Pasta Shells 1 Savoury Cheese Swirl 1,7 V Jackets with a Choice of Toppings 7,8,9</p> <p>Baked Wedges Seasonal Vegetables</p> <p>Ice Cream 7 Mr Nourish Biscuit 1 VG Fruit Pots VG</p>	<p>Mild Chicken Curry Herby Tomato Penne Pasta 1 VG Jackets with a Choice of Toppings 7,8,9</p> <p>Rice, Green Beans, Carrots</p> <p>Peach Sponge 1VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG</p>	<p>Sausages & Gravy 1,6 Vegetable Sausage & Gravy VG Jackets with a Choice of Toppings 7,8,9</p> <p>Rustic Roast Potatoes, Broccoli, Swede</p> <p>Fruit Jelly VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG</p>	<p>Macaroni Cheese 1,7 V Tomato & Vegetable Puff 1 VG Jackets with a Choice of Toppings 7,8,9</p> <p>Carrots, Mixed Peppers</p> <p>Chocolate Cake 1 VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG</p>	<p>Fish Fingers 1,8 Vegetable Nuggets 1 VG Jackets with a Choice of Toppings 7,8,9</p> <p>Chips, Peas, Sweetcorn, Coleslaw 9</p> <p>Ginger Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG</p>

AVAILABLE DAILY 1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg 10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten VG Vegan V Vegetarian

Norfolk Selection of Salads **9**, Homemade Bread **1,3**. Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.

